

Short Gentle Walks

Suitable for newcomers and those who feel unable to cope with either the distance or pace of the longer walks. Newcomers will be assessed as they walk and will be advised which walks in the programme will suit them most. These walks are on flat even ground. The best is that you get exercise in the fresh air, in good surroundings, meet other people in a similar situation, and feel better for it!

Optional refreshments available at the end, or possibly during the walk.

All start at **10:30am**

Date	Meeting Point	Grade	Information
Wed 2 nd Sept 2026	Gaywood Community Centre PE30 4EL	Starter	Foot and cycle paths, pavement, riverbank. W3W withdraw.winters.importing
Wed 9 th Sept	The Walks main entrance, opposite Library PE30 5EZ	Starter	Firm flat surfaces, also suitable for wheel and push chairs. Distance to suit various needs.
Wed 16 th Sept	Sandringham North Car Park PE35 6EH £5 for 2 hours parking.	Starter	Woodland paths. Flat surfaces. W3W reactions.loafing.trails
Wed 23 th Sept	LynnSport at the main entrance. PE30 2NB	Starter	Firm flat surfaces on established paths.
Wed 30 th Sept	Hunstanton Tesco Car Park PE36 5AR Furthest away from store	Starter	Flat even surfaces, paved and grass. W3W forklift.ringers.licks Max 3 hours
Wed 7 th Oct	Gaywood Community Centre PE30 4EL	Starter	Foot and cycle paths, pavement, riverbank. W3W withdraw.winters.importing
Wed 14 th Oct	The Walks main entrance, opposite Library PE30 5EZ	Starter	Firm flat surfaces, also suitable for wheel and push chairs. Distance to suit various needs.
Wed 21 st Oct	Sandringham North Car Park PE35 6EH £5 for 2 hours parking.	Starter	Woodland paths. Flat surfaces. W3W reactions.loafing.trails
Wed 28 th Oct	LynnSport at the main entrance. PE30 2NB	Starter	Firm flat surfaces on established paths.
Wed 4 th Nov	Hunstanton Tesco Car Park PE36 5AR Furthest away from store	Starter	Flat even surfaces, paved and grass. W3W forklift.ringers.licks Max 3 hours
Wed 11 th Nov	Gaywood Community Centre PE30 4EL	Starter	Foot and cycle paths, pavement, riverbank. W3W withdraw.winters.importing
Wed 18 th Nov	The Walks main entrance, opposite Library PE30 5EZ	Starter	Firm flat surfaces, also suitable for wheel and push chairs. Distance to suit various needs.
Wed 25 th Nov	Sandringham North Car Park PE35 6EH £5 for 2 hours parking	Starter	Woodland paths. Flat surfaces. W3W reactions.loafing.trails
Wed 2 nd Dec	LynnSport at the main entrance. PE30 2NB	Starter	Firm flat surfaces on established paths.
Wed 9 th Dec	Gaywood Community Centre PE30 4EL	Starter	Foot and cycle paths, pavement, riverbank. W3W withdraw.winters.importing
Wed 16 th Dec	The Walks main entrance, opposite Library PE30 5EZ	Starter	Firm flat surfaces, also suitable for wheel and push chairs. Distance to suit various needs.
Wed 23 rd Dec	Sandringham North Car Park PE35 6EH £5 for 2 hours parking	Starter	Woodland paths. Flat surfaces. W3W reactions.loafing.trails
MERRY CHRISTMAS			

Kings Lynn and Northern Area Walks

All walks **start at 10:30am** unless otherwise stated.

At some meeting points there is a refreshment venue nearby these are popular with many walkers.

We have added some "What 3 Words" (W3W) App codes to aid navigation.

Date	Meeting Point/Walk	Grade	Information
Fri 4 th Sep	Leziate Village Hall PE32 1EN	3.7m/ G3	Woods and lakeside, paths, and tracks. W3W cave.cool.huts
Mon 7 th Sep	West Acre Church PE32 1TR	2.8m/ G2	Tracks, roads, woods, fields. Can be muddy! W3W woven.snowstorm.redefined
Fri 11 ^h Sep	Congham The Anvil Inn, PE32 1DU	2.7m/ G2	Track, paths, woods, and road. W3W spinners.finalists.galleries
Mon 14 th Sep	Syderstone , Amy Robsart Hall, PE31 8SD Opposite Church	4m/ G3	Footpaths and bridleways. W3W coasting.outbound.race
Fri 18 th Sep	Sandringham West Car Park PE35 6EH £5 for 2 hours parking.	3m/ G2	Woodland paths. Flat surfaces. W3W nickname.spokes.hourglass
Mon 21 st Sep	Castle Acre Castle Car Park, Pye's Lane. PE32 2XB	2.8m/ G3	Paths, riverside, lanes. Can be damp. River, Castle, and Priory views. W3W migrants.foot.obvious
Fri 25 th Sep	Castle Rising - Castle car park Carpark open at 10am. PE31 6AH .	2.25m/ G2	Tracks, paths, and country lanes. W3W rinse.elbowing.captive
Mon 28 th Sep	Burnham Overy Staithe Harbour PE31 8JE	4m/ G3	Coastal path, tracks & fields. High Tide 10:02 W3W mimed.shadowed.playing
Fri 2 nd Oct	KL Ferry Corn Exchange PE30 1JW . Ferry fare £1.60	3m/ G2	Riverside. Good views of KL waterfront. High Tide 08:23
Mon 5 th Oct	Hunstanton Lighthouse , PE36 6EL	3.5m/ G3	Paths. sand, dunes and beach High tide 10:31
Fri 9 th Oct	Gaywood Community Centre PE30 4EL	3m/ G2	Foot & cycle paths, pavements, riverbank. W3W withdraw.winters.importing
Mon 12 th Oct	Thornham , Church Street. Meet at the Green. PE36 6NJ	3m/ G3	Permissive field edge, Coastal Path and village street. W3W progress.dictation.stormy
Fri 16 th Oct	North Wootton , Nr Tesco, St Augustine's Way, PE30 3TE	3m/ G3	Woodland paths, pavements. W3W ropes.solution.appealing
Mon 19 th Oct	Ingoldisthorpe , Sports & Social Club Car Park, The Drift	4.2m/ G3	Paths, tracks, W3W clockwork.inversely.speeches
Fri 23 rd Oct	Roydon Common . On right, 1km from Knights Hill	3m/ G3	Footpaths through heather heathland. 3 stiles but can be avoided W3W outboard.free.remain
Mon 26 th Oct	Snettisham Beach South - RSPB car park PE31 7RA £4 parking	3m/ G2	Paths, tracks, sea wall. Water birds. W3W eggplants.soggy.poppy High Tide 05:43
Fri 30 th Oct	Clenchwarton . Playing Field, Hall Road, PE34 4AJ .	4m/ G3	Tracks and country roads W3W ears.planet.native
Mon 2 nd Nov	Little Massingham , St Andrews Church, Church Lane. PE32 2JT	4.2m/ G3	Country lanes, tracks and fields. W3W trackers.monkeys.tempting
Fri 6 th Nov	Walpole St Peter Church , PE14 7NS .	3.2m/ G3	Paths, tracks, country lanes W3W survived.sharpens.irrigate
Mon 9 th Nov	East Rudham , The Green PE31 8RD	3.5m/ G3	Tracks, fields and village road. W3W gradually.resolved.outs
Fri 13 th Nov	Dersingham Heath . Sportfield, track at bottom of Feathers beer garden, Manor Rd, (park on left) .	3.3m/ G3	Woodland paths, pavements. 2 stiles that can be avoided. W3W brink.fragment.really
Mon 16 th Nov	Holme Park Piece , Westgate. PE36 6LF	3.2/ G3	Holme Dunes path and beach. High Tide 10:30 W3W textiles.roughest.talking.
Fri 20 th Nov	Wiggenhall St Germans , Village Hall, PE34 3DZ	3m/ G2	Paths, tracks, road and riverbank. W3W throat.barks.quick
Mon 23 rd Nov	Snettisham Ken Hill . Meet at Village Hall, Old Church Road. PE31 7LX	3.2m/ G3	Woodland, footpaths & village streets. Short incline. W3W inhales.toasters.laminated

Date	Meeting Point/Walk	Grade	Information
Fri 27 th Nov	Leziate Village Hall PE32 1EN	3.7m/ G3	Woods and lakeside, paths, and tracks W3W cave.cool.huts
Mon 30 th Nov	Brancaster Staithe Quay PE31 8BW	3.75m /G3	Up to and around Barrow Common. Great views. Return via Coastal Path. High Tide 07:58 W3W processor.chill.breakaway
Fri 4 th Dec	Grimston Woods easterly end of Low Road,	4m/G 2	Interesting route through woods, no roads. W3W profiled.scared.settle
Mon 7 th Dec	Wolferton Park at wood storage area 1 st right on bend after Station, past stable yard	2.6m/ G3	Woods, boardwalk & road. Some steepish slopes. W3W headline.packets.crispier
Fri 11 th Dec	Shouldham Warren , Warren Road, PE33 0DQ	4m/G 2	Woodland tracks. W3W surprised.cabbages.champions
Mon 14 Dec	Snettisham Mill . Meet at Village Hall, Old Church Road. PE31 7LX	3m/G 2	Woodland, footpaths & village streets. Short incline. W3W inhales.toasters.laminated
Fri 18 th Dec	Sandringham West Car Park PE35 6EH £5 for 2 hours parking.	3m/G 2	Woodland paths. Flat surfaces. W3W nickname.spokes.hourglass
Mon 21 st Dec	Great Massingham Village Hall PE32 2HU	3m/G 3	Road, track and fields. W3W eyebrows.declines.nicer
Merry Christmas			
Mon 28 th Dec	Ingoldisthorpe , Sports & Social Club Car Park, The Drift	4.2m/ G3	Paths, tracks, W3W clockwork.inversely.speeches
Fri 1 st Jan	Hunstanton Lighthouse PE36 6EL	3.5m/ G2	Paths. Lovers Lane walk

Grading of Walks

Grade 1	Short, slower walks for those returning to fitness. From 1 to 2 miles, 30-50 minutes, mainly on flat, firm surfaces.
Grade 2	From 2 to under 3 miles, up to 1Hr. May have slopes, soft ground and gates/stiles. Ideal for those improving their fitness.
Grade 3	Slightly longer walks usually around 3 miles but could be up to 4 miles and 1.5 hours and at a faster pace for the reasonably fit. Slopes and surfaces may be more challenging.

Walk and Talk

Arranged in collaboration with Norfolk Library Service. These are relatively easy walks, adjusted depending on who turns up! When available tea or Coffee with hopefully a biscuit, may be provided in the library afterwards.

Do chat on the walk and afterwards, about anything you like!

All start at 2:00pm

Tue 8 th Sep	Hunstanton Library 12-14 Valentine Road, Hunstanton. PE36 5EF Repeated 2nd Tuesdays	G1 or 2	Leisurely Walk & Talk up to 2 miles.
Thur 17 th Sep	Dersingham Library , Chapel Rd PE31 6PN Repeated 3rd Thursdays	G1 or 2	Leisurely Walk & Talk up to 2 miles.
Tue 13 th Oct	Hunstanton Library 12-14 Valentine Road, Hunstanton. PE36 5EF	G1 or 2	Leisurely Walk & Talk up to 2 miles.
Thur 15 th Oct	Dersingham Library , Chapel Rd PE31 6PN	G1 or 2	Leisurely Walk & Talk up to 2 miles.
Tue 10 th Nov	Hunstanton Library 12-14 Valentine Road, Hunstanton. PE36 5EF	G1 or 2	Leisurely Walk & Talk up to 2 miles.
Thur 19 th Nov	Dersingham Library , Chapel Rd PE31 6PN	G1 or 2	Leisurely Walk & Talk up to 2 miles.
Tue 8 th Dec	Hunstanton Library 12-14 Valentine Road, Hunstanton. PE36 5EF	G1 or 2	Leisurely Walk & Talk up to 2 miles.
Thur 17 th Dec	Dersingham Library , Chapel Rd PE31 6PN	G1 or 2	Leisurely Walk & Talk up to 2 miles.

Thursday Southern Area Walks

All walks **start at 10 am**, unless otherwise stated.

Date	Meeting Point/Walk	Grade	Information
Thur 3 rd Sep	Oxborough Village Hall, PE33 9PS	3	Paths, lanes. Three stiles.
Thur 10 th Sep	Denver Mill , 99 Sluice Rd, Denver PE38 0EG	2	Road, tracks and footpaths.
Thur 17 th Sep	Stoke Ferry , Bluebell Inn, Lynn Road, Stoke Ferry. PE33 9SW	3	Footpaths and Roads.
Thur 24 th Sep	Drymere PE37 8AS .OS Grid Ref. TF 790 067 - close to Post 108 but on opposite side of road	3	Footpaths and Roads.
Thur 1 st Oct	St Germans Village Hall PE34 3DZ	3	River bank, footpaths and lane to Wiggenhall St Peters.
Thur 8 th Oct	Southery Old White Bell, 20 Upgate St.	3	Fields, paths and pavements.
Thur 15 th Oct	Beachamwell Village Hall, Old Hall Rd.	3	Road, track and paths. Some stiles.
Thur 22 nd Oct	Upwell St Peters Church, PE14 9AA	2	Footpaths, lanes and roads.
Thur 29 th Oct	Hilgay Corner of East End Rd & Bridge St.	3	Footpaths and Roads. Coffee & Cake in Village Hall
Thur 5 th Nov	Shouldham Warren OS RF679104	2	Woodland tracks
Thur 12 th Nov	Wimbotsham The Village Hall, PE34 3QQ	2	Track, lanes and road.
Thur 19 th Nov	Stoke Ferry , Bluebell Inn, Lynn Road, Stoke Ferry. PE33 9SW	3	Footpaths and Roads.
Thur 26 th Nov	Drymere PE37 8AS .OS Grid Ref. TF 790 067 - Post 108	3	Footpaths and Roads.
Thur 3 rd Dec	Marham Fen Use Lay-by at bottom of Collin's Lane, Marham Rd. 729107	2	Paths, track and woods
Thur 10 th Dec	Oxborough Village Hall, PE33 9PS	3	Paths, lanes. Three stiles.
Thur 17 th Dec	Beachamwell Village Hall, Old Hall Rd.	3	Road, track and paths. Some stiles.
Thur 24 th Dec	No Walk		
Merry Christmas			
Thur 31 st Dec	No Walk		